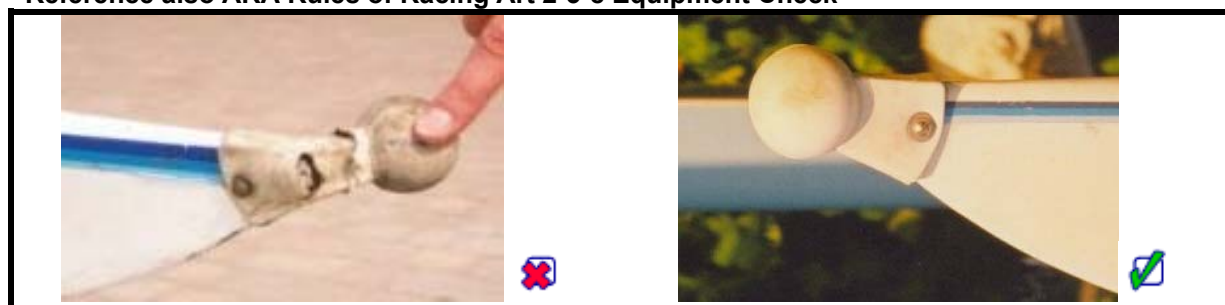


Check the following every time you go afloat and fix any deficiencies immediately.

Reference also ARA Rules of Racing Art 2-3-8 Equipment Check



ARA Safety Code Item 1.11 " Every boat must at all times carry firmly attached to its bows a white ball of not less than 4 cm diameter of rubber or similar consistency...."

Bowball: Check

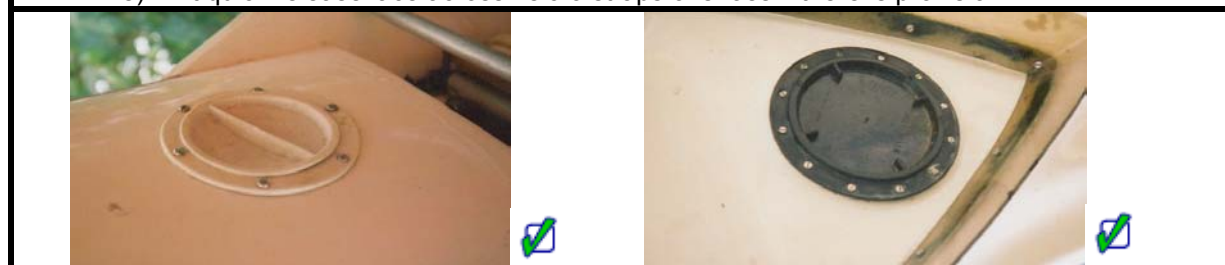
- a) Remove tape that may hide faults,
- b) Is correct shape design for boat,
- c) Securely fitted (not bending to the side or lifting up) screwed & glued,
- d) No cracks or splits.



ARA Safety Code Item 1.12 " Heel Restraints and 'quick release' mechanisms must be in proper and effective working order in all boats equipped with fitted shoes."

Heel Restraints: Check by inspection and giving each heel a reasonably forceful lift:

- a) Heels do not rise above lowest fixed point of shoe on stretcher. Shorten lace or strap if necessary,
- b) Heel Restraints (lace / strap) are in good condition i.e. not frayed or perished,
- c) Heel Restraints are independently tied to the stretcher board i.e. not tied to each other, Use the metal screw points provided on metal stretcher post ends - replacement screws and loops are available,
- d) Check stretcher board is not rotten or cracked and that the bottom fixing post and adjusting runners are intact and securely fixed to boat,
- e) Fit quick release lace across velcro straps of shoes if there is provision.



ARA Safety Code Item 1.15 "Buoyancy Compartments, bow and stern canvasses, etc., must be checked to ensure that they will function as intended":

Buoyancy Compartments: Check all are there and fit correctly.

Canvasses: Check for cracks. Check good fitting of material canvasses, mend any tears.